



I AM THE BREAD OF LIFE

Week 2 by
JORDAN STOVER





Scripture

Read John 6:35-51

DAILY READING

Consider using the outline below to read through this weeks passage.

You might also want to read them in these different translations: ESV, NIV, CSB, NLT, and NASB.

___ Day 1 | 6:35-38

___ Day 2 | 6:39-42

___ Day 3 | 6:43-46

___ Day 4 | 6:47-51

___ Day 5 | 6:35-51



Observation

What immediately stands out to you?

Are there commands to consider?

Do I recognize any promises in the passage?

Does it bring you comfort to know that Jesus has the power to take care of you? It can be easy for us to take on the wrong mindset for how our faith works - where we feel like it is our responsibility to earn our place at the table through our actions, hard work, and good natures. How great is it to know that this isn't the way our relationship with Jesus operates? Instead of telling his disciples to "go and earn their bread," he tells them, "I AM the bread." Shortly before he spoke those words, Jesus performed an incredible miracle by feeding over 5,000 people with just five loaves of bread and two fish. The most incredible part about this story isn't the miracle, but the fact that despite witnessing this, the people were still unable to believe that Jesus was exactly who he said he was.

ABOUT 5,000 MEN WERE THERE....

This miracle is recorded in all four Gospels, but only in the book of Matthew 14:21 are we given one more delicious detail:

"The number of those who ate was about 5,000 men, besides women and children."

Only the men were counted, but if they had counted the women and children, it is possible that Jesus fed over 10,000 people with five loaves and two fish.

Their disbelief reveals the true source of their starvation; not in their physical body, but their spiritual one. Meeting our physical needs are important; however, no matter how good we are physically, we will never be able to sustain spiritual healthiness through our own actions. This can only come through a relationship with Jesus Christ, the bread of life. In him, our needs are met. In him, we will not be left to be hungry or thirsty. Through his unfailing love and grace, we will be sustained.

Recall the words of Christ in John 6:35, "*He who comes to me will never go hungry, and he who believes in me will never be thirsty.*" Are you living by the bread of life? Are you seeking Christ daily and desiring to know him more? Spend time this week counting the ways he has sustained your life so far and give thanks for all he has done.



Application

1) What does being sustained by Jesus look like according to this passage?

2) What is the significance of Jesus mentioning the manna in verse 49?

3) What are three practical steps we can take each to rely more on Jesus?



Prayer

“Lord, you are the bread of life. In you, I never have to fear that my needs will not be met. You have promised us that you would be faithful to sustain us by your will and by your grace, and you have never broken a promise. Develop in us the fruit of faithfulness, that we may know and believe that you are exactly who you say you are and give us the courage to be obedient to your Word. To you be the glory, forever and ever. AMEN.”

MEMORY VERSE

Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me.

John 6:57 (NIV)

Additional Notes

ADDITIONAL READING

Day 1: Isaiah 40:31

Day 2: 1 Peter 5:5-7

Day 3: Lamentations 3:22-24

Day 4: Hebrews 1:1-3

Day 5: Psalm 23:1-6