

05 PHILIPPIANS 4:1-9

JOY & PURPOSE

as you GO

These are simple questions to ask your students as you go home from church or go about your weekly activities.

- .01** When you have an argument with your friends, family members, or classmates, how do you resolve it?
- .02** What are some things that you are worried or anxious about right now?

family DEVOTION

Consider following up with your student later in the week with the following summary and discussion questions.

summary: PHILIPPIANS 4:1-9

As Paul draws near to the end of his letter, he urges two women in the Philippian church, Euodia and Syntyche, to overcome their differences with help from the other members of the church there. He also leaves his readers with some words of encouragement—they should turn away from worry and instead turn toward God in prayer. Paul's antidote for anxiety is to change our focus to be on the things that are lovely, honorable, excellent, and true (Phil. 4:8-9).

discussion QUESTIONS

- .01** What does it mean for the peace of God to guard our hearts and minds? How have you experienced this in your life?
- .02** What are some of the lovely, honorable, excellent, praiseworthy, or true things that Paul might be thinking of in verse 8? Why should we focus on these things?

PRAY: Ask God to fill you with His peace and help you turn toward Him in prayer and thanksgiving when you are worried or anxious. Ask Him to call to mind the hope and beauty of the gospel when you are tempted to focus on your worries.

CENTRAL truth

Trusting Jesus gives us clear purpose and lasting joy.

LEADER challenge

Challenge your child to use the Daily Devotions provided in their **Daily Discipleship Guide** to study God's Word this week. These are the passages covered in this week's devotions.

DAY 1 PHILIPPIANS 4:1-3

DAY 2 PHILIPPIANS 4:4-7

DAY 3 PHILIPPIANS 4:8-9

DAY 4 ISAIAH 26:1-4

DAY 5 HEBREWS 12:1-2